

SUNDAY READERS AND EXTRAORDINARY MINISTERS
OUR LADY HELP OF CHRISTIANS CHURCH
19th Sunday in Ordinary Time
9 August 2026

	READERS		EXTRAORDINARY MINISTERS OF HOLY COMMUNION		PIETY STORE		AUDIO VISUAL	
DATE	1/2 Aug	8/9 Aug	1/2 Aug	8/9 Aug	1/2 Aug	8/9 Aug	1/2 Aug	8/9 Aug
VIGIL 6PM	F Bugeja K Duncan	K Duncan K Duncan	F Bugeja	D Barrett	M Matriano	J Webster	L Estella	Robbie B.V.
8.30AM	P Kenyon P Kenyon	S Magua J Camilleri	S Lo Cascio	R Murphy	K Knight	J Smith	A D'Emanuele	M Murphy
10.00AM	M Matriano N Lee	R Ventua Z Ventura	E D'Mellow	A Espiritu	F Walles	D Mason	D Tamayor	B Peaker
CHOIR 10.00AM	Group 1	Group 2	READINGS 1/2 August 2026 Isaiah 55:1-3 Romans 8:35, 37-39 Gospel: Matthew 14:13-21 8/9 August 2026 1 Kings 19:9, 11-13 Romans 9:1-5 Gospel: Matthew 14:22-33					
Young Adult CHOIR VIGIL								
OUR LADY'S STATUE NO 1								
STATUE NO 2								
FEAST DAYS THIS WEEK			DONATIONS					
			PARISH ACCOUNT DETAILS					
Monday	St Dominic, <i>priest</i>		Parish (second Collection)		Clergy (first Collection)			
Tuesday	St John Vianney <i>priest</i>							
Wednesday	Dedication of the Basilica of St Mary Major							
Thursday	The Transfiguration of the Lord							
Friday	St Sixtus II, <i>pope</i> , <i>martyr</i> & St Cajetan, <i>priest</i>							
Saturday	St Mary of the Cross							
			BSB :	066 711	BSB :	066 711		
			Acc No:	002395	Acc No:	002026		
			Acc Name:	Parish Church	Acc Name:	Parish Presbytery		
			Reference:	Family Name	Reference:	Family Name		

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EIGHTEENTH SUNDAY IN ORDINARY TIME
Year A

Our Lady Help of Christians Parish Rosemeadow

Rev. Father Christopher G. Sarkis, Parish Priest
Rev. Mr. Ryan Suares, Deacon

Presbytery
80 Demetrius Road
Rosemeadow NSW 2560

Postal Address
PO Box 3010
Rosemeadow NSW 2560

Contact
Phone: 4628 1385
Fax: 4625 7213

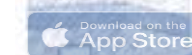
Office Hours

Parish Office Manager Mrs. Meshline Wolczak
Tuesday – Wednesday 9.00am - 4.00pm, Thursday 9.00am – 12noon
Friday – 9.00am – 2.30pm (closed 1.00 – 1.30pm)

Email: rosemeadow@dow.org.au

Website: www.olhcrosemeadow.org.au

Parish APP



<https://apps.apple.com/us/app/olhc-rosemeadowparish/id1582260739?platform=iphone>



<https://play.google.com/store/apps/details?id=app.church>

OLHC Parish Primary School:

Principal: Mrs Jane Webb Phone: 4626 5655 email: info@olhcdow.catholic.edu.au

John Therry Catholic College:

Principal: Mr Brad McAllister Phone: 4645 8100 email: info@jtccdow.catholic.edu.au

PARISH VISION STATEMENT

Our Lady Help of Christians Parish will strive to be a Christ-centred community, led by the Holy Spirit to bear witness to the Gospel message, nourished and strengthened by the Eucharist and the Sacraments. Following the model of Mary our Mother, our parish will be a place of welcome and mutual encouragement to all who seek to love God and their neighbour, and to manifest this love in their daily lives. In this way we will build up the Kingdom of God in our local community.

PRAYER TO ST. MICHAEL, THE ARCHANGEL

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

ENTRANCE O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

RESPONSE The hand of the Lord feeds us; he answers all our needs.

GOSPEL ACCLAMATION Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

COMMUNION You have given us, O Lord, bread of life, says the Lord; whoever believes in me will not thirst.

CATHOLIC WEEKLY THIS WEEK
available in the foyer

SUNDAY MASS TIMES

OLHC ROSEMEADOW

Sat. Vigil: 6.00pm

Sunday: 8.30am

Sunday: 10.00am

VIETNAMESE MASS OLHC

Saturday: 4.00pm

WEEKDAY MASS TIMES OLHC ROSMEADOW

Tuesday: 6.30pm

Wednesday: 9.00am

Thursday: 9.00am

Friday : 8.20am

DEVOTIONS:

All in the Church

Last Tuesday: Men's Rosary - 7pm

Every Wednesday: Exposition of the Blessed Sacrament 8am – 8.55am before Mass

1st Friday: Exposition & Benediction of the Blessed Sacrament 11am – 12 noon

CONFESSIONS OLHC CHURCH

Saturday: 5pm – 5.45pm

MARRIAGES by appointment

BAPTISMS (1st and 3rd Sunday of the month) – by appointment



SACRAMENTAL PROGRAMS please visit parish website for dates & enrolment forms in Sacraments Tab or click on QR code for Face Book page “Rosemeadow Parish”

ST VINCENT DE PAUL CONFERENCE Tuesdays & Thursdays from 9.30am - 12.30pm at the Food Hub (Ambarvale Squash Courts), 65 Woodhouse Drive Ambarvale.

WE VALUE YOUR THOUGHTS Have you noticed something that could be improved or have ideas for enhancing our Parish community? Please share your thoughts using this QR code for an anonymous online form, which will be reviewed quarterly by the Parish Pastoral Council. You can also drop your suggestion in the suggestion box in church foyer. Your input will help us grow together, Thank you for helping us create a stronger Parish community!



Let us Pray

PLEASE PRAY FOR:

Recently Deceased: Fr Rick McCann; Mario De Domizio; Sue Gay; Gerry Atienza; Talai Mafi;

Deceased: Oreste & Gaetana Meli; Holy Souls; Danuta Ostrowski; Rebecca Alivio; Roberto Alivio; Filomena Dela Torre; Rizalina Alivio;

Baptism: Violet Hope Hudson;

HAVE YOU CONSIDERED Make your heart ready to receive the Word of God sown through the Mass and Sacraments in the Church. (Isaiah 55:10-11). If you want to talk about your vocation, please contact the diocesan vocations director, Fr Duane Fernandez at vocations@dow.org.au

LIVESTREAM MASS Tuesday 6.30 pm weekday Mass. Access it from the Parish Website or Parish App or the Parish YouTube channel at: https://www.youtube.com/channel/UCIQhkeubtYCBu_elfcglmaw

FIRST FRIDAY DEVOTIONS There will be Exposition and Benediction of the Blessed Sacrament this coming first Friday 7th August from 11am to 12noon.

THANK YOU I wish to thank Fr. Harrison for filling in for me during my annual leave. I also thank all those parishioners who assisted him during his time here. May God bless you all. 🙏

OLHC BRUNCH CLUB: FEAST OF ST MARY MACKILLOP The Parish Community is invited to stay for Brunch after the 10:00 am Mass on Sunday 9th August to celebrate Australia's Patron Saint! Let us come together for a morning of fellowship and food in the Martha Room as we celebrate the Feast of St Mary of the Cross MacKillop. As this is a shared parish brunch, we kindly ask everyone attending to *please bring a plate to share (which can be dropped off in the Martha room before Mass)*. If you would like to get involved and be apart of any planning for future 'Brunch Club' events contact Joshana on 0431650658

JESUS YOUTH SYDNEY – Youth Ministry Nights High school students in years 7-12 (ages 13-17) are welcome to come along to **Youth Ministry Nights** in the **Martha Room from 7pm-9pm** here at our parish. We meet **every 1st Friday** to celebrate our faith with music, games, activities and **free pizza for dinner**. Parents/guardians must sign children in on arrival. If you have a passion to work with young people and are interested in volunteering, please contact Joshana 0431650658. **Next meeting is Friday 7th of August**. For more Jesus Youth ministry events look up 'jesusyouthsydney' on Instagram

EXODUS PILGRIMAGE This pilgrimage will follow the exodus from Egypt by Moses as he led the People of Israel through the desert to the Promised Land, and the Holy Family's flight into Egypt after Herod sought to kill the Baby Jesus. It will also visit Mt. Sinai and the famous St. Catherine Monastery, the New Grand Egyptian Museum and a 4-night Nile Cruise visiting the Pyramids and ancient Egyptian sites. 17 days commencing 14 January 2027. Brochures at the Front Notice Board.

CCD LEVEL 1 Catechist Course (Term 3) via Zoom starts on Monday 3 August for five Mondays. Dates: Mondays, 3, 10, 17, 24, 31, August (via Zoom) Time: 9:30am - 1:30pm. Beginning and experienced SRE Catechists are invited to register by following <https://web.thankqportal.com/cdowa/ccd-level-1-course-on-zoom-aug-26/#/stepper?pageId=17716>

VOCARIS: Testimony Night: Young adults (18+) are invited to an profound evening of faith featuring the testimonies of a deacon (soon to be ordained priest), a religious sister and a married couple, each sharing the joy of discovering God's unique call in their lives. Join us on Saturday, 15 August, from 6:00pm–9:30pm at the Wilton Community Centre. Visit <https://www.dow.sh/Vocaristestimony> or use the QR code for more information or to register.



CUPPA AFTER MASS. Take the opportunity to meet fellow parishioners over a cup of tea or coffee and a biscuit after the 10am Mass all are welcome. Thank you



"In today's Gospel, Jesus feeds the five thousand with five loaves and two fish. The message of stewardship is that God's gifts, shared with others, will always be more than enough."

2026 SIGNIFICANT MARRIAGE ANNIVERSARIES MASS If you are celebrating 25, 30, 40, 50, 60 or over 60 years of marriage this year, you are warmly invited to the Mass celebrated with Bishop Brian Mascord on ***Sunday 6 September 2026*** at 2pm at the St Francis Xavier Cathedral, Wollongong, and followed by light refreshments in the Xavier Centre Conference Room. Registration is essential and must be completed online at dow.sh/ma26 by no later than Monday 17 August 2026. Enquiries, please email Helen Bennett helen.bennett@dow.org.au

CURSILLO DIOCESAN WOMEN'S ENCOUNTER, Thursday 10 September to Sunday 13 September 2026 Carmel House Varroville Cursillo is a life changing experience providing a method to support and nurture our faith journey and enable us to live vibrant Gospel oriented lives. The weekend will include talks, discussions fostering friendship, daily Mass, spiritual direction, good music, fun and laughter. Cost: \$320 (payment options available) covers all meals, accommodation, resources and activities. Enquiries: Shirley Parker 0431 513 109 cursillo3dayweekend@hotmail.com or visit <https://www.dow.sh/Cursillo>

CHOSEN 2026 – NATIONAL CATHOLIC YOUTH CONFERENCE Young people aged 16–35 are invited to **CHOSEN 2026**, a 4 day National Catholic Youth Conference run by Jesus Youth Australia. This is taking place on the **19th–22nd of November 2026 at La Trobe University, Melbourne**. This renowned conference includes 4 days of rallies, workshops, Mass, Adoration, live music and community with inspiring speakers while connecting with young Catholics from across Australia. *For more information visit* <https://chosenconference.org.au/>

KLETOS 2026 – CHOSEN Pre-Conference KLETOS KLETOS (Greek for "called") is a half-day free Catholic youth event on **Saturday, 22 August 2026**, from 11:00 am – 3:30 pm here at St Joachim Hall, Our Lady Help of Christians Parish for young people **aged 16–35**. Inspired by Jesus' words, *"Many are called, but few are chosen"* (Matthew 22:14), KLETOS is packed with music, games, food, inspiring talks, praise and worship, prayer, and fellowship. Experience a powerful preview of CHOSEN 2026, encounter Christ and connect with other young Catholics from across South West Sydney. Donations welcome and fundraising items available on the day. *Please register here:* <https://forms.gle/DiNExomvdMsBhJ3U9>

WORLD YOUTH DAY SEOUL 2027 Diocesan Pilgrimage Applications are now open for the Diocese of Wollongong's pilgrimage to World Youth Day Seoul 2027! visit <https://www.dow.org.au/wyd27> for information on the itinerary, costs, travel arrangements and FAQs. Join our mailing list at <https://www.dow.sh/wyd27> to receive the latest updates

RENEWED & SENT: PARISH RENEWAL SUMMIT held at ***St Gregory's College, Campbelltown, from 1–3 October 2026***. Bishop Brian invites you to a three days of inspiring keynote presentations, practical workshops, pray together, hear real stories of renewal, receive practical encouragement, and think about what God may be inviting us to do here in our own parish. An opportunity to connect with others who share a passion for the future of our parishes and all around the diocese. This opportunity aligns with Bishop Brian Mascord's Come & See, Go & Make: A Vision for Parishes, helping us to grow as communities where people encounter Jesus, become his disciples, and are sent to share the Gospel. For the full program and registrations, visit <https://www.renewedandsent.com.au>

THE JOURNEY – YOUR DIOCESAN WEEKLY PODCAST The Journey is the weekly podcast for parishioners in the Diocese of Wollongong. Each week it brings you great music, formation in faith, with an array of fantastic presenters from our Diocese and around Australia. Just go to www.jcr.org.au and we will send it to you each week.

WHAT'S ON AROUND THE DIOCESE? Check out upcoming formation courses, youth events, walks, camping and jubilee events. Subscribe here and we will keep you in the loop dow.sh/stayingconnected or visit <https://www.dow.sh/weeklybulletin> to see everything that is on around our Diocese.

FREE CATHOLIC PROGRAMS Go to www.formed.org / Click 'Formed for Individuals' button / Enter your email address

BELL RINGERS Calling all potential Bellringers! We need more people to join our team of Bellringers. Age is no barrier- young or mature! Practise is on Monday at 4pm in the rear Belltower Room. If you are interested in joining the Bell Ringers Group, please come to the rear Bell Tower (at the rear of the church) on Monday's at 4pm.

**"The Eucharist is the supreme proof of the love of Jesus.
After this, there is nothing more but Heaven itself."**

St. Peter Julian Evmard