

SUNDAY READERS AND EXTRAORDINARY MINISTERS  
OUR LADY HELP OF CHRISTIANS CHURCH  
20<sup>th</sup> Sunday Ordinary Time  
18 August 2024

	READERS		EXTRAORDINARY MINISTERS OF HOLY COMMUNION		PIETY STORE		AUDIO VISUAL	
DATE	10/11 Aug	17/18 Aug	10/11 Aug	17/18 Aug	10/11 Aug	17/18 Aug	10/11 Aug	17/18 Aug
VIGIL 6PM	J Webster A Pottage	F Bugeja K Duncan	J Webster	F Bugeja	J Webster	M Matriano	L Estrella	Robbie B.V.
8.30AM	G Harmour B Bucganan	P Kenyon P Kenyon	G Harmour	M Rolfe	C Vujanovic	J Smith	M Murphy	D Knight
10.00AM	M David S Issac	F Rowe D Walles	R Suares	W Monsalve	S Issac & M David	D Peaker	D Tamayor	B Peaker
CHOIR 10.00AM	Group 2	Group 1	READINGS					
			10/11 August 2024 1 Kings 19:4-8 Ephesians 4:30-5:2 Gospel: John 6:41-51		17/18 August 2024 Proverbs 9:1-6 Ephesians 5:15-20 Gospel: John 6:51-58			
OUR LADY'S STATUE NO 1 STATUE NO 2								
FEAST DAYS THIS WEEK					DONATIONS PARISH ACCOUNT DETAILS			
Wednesday – St Maximilian Mary Kolbe Thursday – The ASSUMPTION of the BLESSED VIRGIN MARY Saturday – St Lawrence					Parish (second Collection)		Clergy (first Collection)	
					BSB : 066 711		BSB : 066 711	
					Acc No: 002395		Acc No: 002026	
					Acc Name: Parish Church		Acc Name: Parish Presbytery	
					Reference: Family Name		Reference: Family Name	

<b>SUNDAY MASS TIMES</b> <b>OLHC ROSEMEADOW</b>		<b>WEEKDAY MASS TIMES</b> <b>OLHC ROSEMEADOW</b>	
Sat. Vigil:	6.00pm	Tuesday:	6.30pm
Sunday:	8.30am	Wednesday:	9.00am
Sunday:	10.00am	Thursday:	9.00am
		Friday:	8.20am
<b><u>VIETNAMESE MASS OLHC</u></b>			
Saturday:	4.00pm		
 <b><u>DEVOTIONS;</u></b> <i>All in the Church</i>			
<b>Last Tuesday:</b>	Men's Rosary - 7pm		
<b>Every Wednesday:</b>	Exposition of the Blessed Sacrament 8am – 8.55am before Mass.		
<b>1<sup>st</sup> Friday:</b>	Exposition & Benediction of the Blessed Sacrament 11am – 12 noon;		
 <b><u>CONFESSIONS OLHC CHURCH</u></b>			
Saturday: 5.15pm – 5.45pm			
 <b>MARRIAGES</b> by appointment			
<b>BAPTISMS</b> (1 <sup>st</sup> and 3 <sup>rd</sup> Sunday of the month) – by appointment			
<b>SACRAMENTAL PROGRAMS</b> please visit parish website for dates & enrolment forms in Sacraments Tab			
 <b>ST VINCENT DE PAUL CONFERENCE</b> Tuesdays & Thursdays from 9.30am - 12.30pm at the Food Hub (Ambarvale Squash Courts), 65 Woodhouse Drive Ambarvale.			

Bulletin 11<sup>th</sup> August 2024

Nineteenth Sunday in Ordinary  
Time

Our Lady Help of Christians Parish  
Rosemeadow

Father Christopher G. Sarkis, Parish Priest

**Presbytery**  
80 Demetrius Road  
Rosemeadow NSW 2560

**Postal Address**  
PO Box 3010  
Rosemeadow NSW 2560

**Contact**  
Phone: 4628 1385  
Fax: 4625 7213

**Office Hours**

**Parish Office Manager** Mrs. Meshline Wolczak

Tuesday – Thursday 9.00am - 4.00pm (closed 1.00 – 1.30pm)  
Friday – 9.00am – 2.30pm

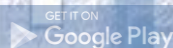
**Email:** [rosemeadow@dow.org.au](mailto:rosemeadow@dow.org.au)

**Website:** [www.olhcrosemeadow.org.au](http://www.olhcrosemeadow.org.au)

**Parish APP**



<https://apps.apple.com/us/app/olhc-rosemeadowparish/id1582260739#?platform=iphone>



<https://play.google.com/store/apps/details?id=app.church>

**OLHC Parish Primary School:**

**Principal:** Mrs Jane Webb Phone: 4626 5655 email: [info@olhcdow.catholic.edu.au](mailto:info@olhcdow.catholic.edu.au)

**John Therry Catholic College:**

**Principal:** Mr Brad McAllister Phone: 4645 8100 email: [info@jtccdow.catholic.edu.au](mailto:info@jtccdow.catholic.edu.au)

**PARISH VISION STATEMENT**

Our Lady Help of Christians Parish will strive to be a Christ-centred community, led by the Holy Spirit to bear witness to the Gospel message, nourished and strengthened by the Eucharist and the Sacraments. Following the model of Mary our Mother, our parish will be a place of welcome and mutual encouragement to all who seek to love God and their neighbour, and to manifest this love in their daily lives. In this way we will build up the Kingdom of God in our local community.

**PRAYER TO ST. MICHAEL, THE ARCHANGEL**

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

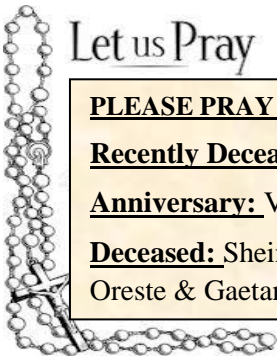
**ENTRANCE** Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not th cries of those who seek you.

**RESPONSE** Taste the goodness of the Lord.

**GOSPEL ACCLAMATION** Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

**COMMUNION** O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

**CATHOLIC WEEKLY THIS WEEK**  
available in the foyer



**PLEASE PRAY FOR:**

**Recently Deceased:** Humberto Paiva; Marie Therese Waterstone; Elizabeth Desbleds;

**Anniversary:** Vicente Hung; Maria Che; Maria Soi; Juan Bautista Monsalve; William Webster;

**Deceased:** Shein Bvezo; Sybil & Joe Dawson; Rudy, George & Matilda La'Rive; Dr. Islam; Oreste & Gaetana Meli;

**HAVE YOU CONSIDERED** Jesus, the Bread of Life, has come so that we might have life to its fullness. Fervent reception of the Holy Eucharist helps to discover the path God has created you to follow. (John 6:41-51). Each year the Church in Australia marks **National Vocations Awareness Week** in August, connected with the celebrations of the Feast of St John Vianney (patron saint of priests) and St Mary of the Cross MacKillop (Australia first saint). If you want to talk about your discernment, please contact the diocesan vocations director, Fr Duane Fernandez [vocations@dow.org.au](mailto:vocations@dow.org.au)

**LIVESTREAM MASS** Tuesday 6.30 pm weekday Mass. Access it from the Parish Website or Parish App or the Parish YouTube channel at: [https://www.youtube.com/channel/UCIQhkeubtYCBu\\_elfcglmaw](https://www.youtube.com/channel/UCIQhkeubtYCBu_elfcglmaw)

**HOLY COMMUNION** Please remember that when receiving Holy Communion, you must consume the Sacred Host immediately while facing the Altar, and NOT while walking way or returning to your seat. Thank you.

**WEDDINGS:** Tardzenyuy Pascal and Angela James. *Congratulations and God's blessings upon you.*

**ASSUMPTION** of the Blessed Virgin Mary, body and soul into Heaven, this coming Thursday 15 August, is a Holy Day of Obligation. Mass will be celebrated as usual at 9am, and also at 7pm.


**FOREIGN COINS** Please do **NOT PLACE ANY FOREIGN COINS IN THE COLLECTIONS**. This not only puts the count out but adversely affects the counting machine. Moreover, we cannot use them as it costs more to convert them then their value. Thank you.

**VOLUNTEERS NEEDED** We need more parishioners to help with the opening and closing of the church for all Masses, both on the weekends and during the week. If you can help please contact the parish Office or Fr. Sarkis.

**COLUMBARIUM MEMEORIAL GARDEN** Final work is progressing well and is on schedule for construction to begin at the end of September, when images of the Memorial Garden will be displayed and information brochures available. It is hoped that sales will also commence then. Those who have already placed their names on the waiting list will be contacted at that time. The area will be divided into gardens and walls constructed of granite and marble, with each dedicated to a Saint. These will be: Our Lady; St. Joseph; St. Joachim, St. Anne (parents of Mary); St. Therese of Lisieux; St. Mary MacKillop; and St. John Paul II. A white Carrara marble statue of each Saint will be placed in each garden dedicated to them and landscaped with variegated pebbles. It will be a very beautiful and appropriate consecrated resting place for loved ones next to the church as they await their resurrection with Christ at the end of time when He returns in glory.

**CATECHIST COURSE LEVEL 1** via Zoom starts on 19 August for four Mondays: 19 & 26 August, 2 & 9 September. Time: 9:30am - 1:30pm. Beginning and experienced SRE Catechists are invited to register by following this link [dow.sh/ccdlevel1onzoom](https://dow.sh/ccdlevel1onzoom) or contact Sue Clark at [support@ccdwoollongong.com](mailto:support@ccdwoollongong.com) Please note that the first day of the Level 1 course includes the Child Protection and Classroom Management training update that must be revisited by SRE Catechists every three years.

**BELL RINGERS** Calling all potential Bellringers! We need more people to join our team of Bellringers. Age is no barrier- young or mature! Practise is on Monday at 4pm in the rear Belltower Room. See Notice Board for more details or ring Brian on 0402 377 131

 **CUPPA AFTER MASS.** Take the opportunity to meet fellow parishioners over a cup of tea or coffee and a biscuit after the 10am Mass all are welcome. We are also looking for more volunteers so please contact Ryan on 0412 939 705 if you are interested (would be no more than one morning per month). Thank you.



*The gifts of God that the angel brought to Elijah - food, water, rest, and encouragement - were given, not for his own good alone, but to strengthen him for service. How am I using my gifts to serve others?*

**CATECHIST RETREAT 2024 Known and Loved 9:30am-2:30pm.** All who support the Catechist ministry are invited to attend this retreat. Facilitated by Sr. Katherine Stone MGL, to help us to gain a greater understanding of who Jesus is and who we are in the light of Jesus. The retreat will include Mass, reflections, prayer and discussion. Morning Tea provided, but BYO lunch. **Macarthur-Highlands Retreat** Friday 20 September 2024, Our Lady Help of Christians Catholic Church, 80 Demetrius Rd, Rosemeadow. Registration is essential at: [dow.sh/KnownLoved2024](https://dow.sh/KnownLoved2024) For more information email [support@ccdwoollongong.com](mailto:support@ccdwoollongong.com)

**CATHOLICCARE** We need foster carers who provide love, care, and support for children. Carers receive comprehensive support from the Fostering Futures team to ensure they have a full range of resources and help needed. Information call 0418 783 956 or email [fosteringfutures@catholiccare.dow.org.au](mailto:fosteringfutures@catholiccare.dow.org.au). Bishop Brian has recorded a special appeal video about this which you can view on YouTube at <https://dow.sh/bmfc24> or download at: <https://dow.sh/bmfc24videodownload>. It has also been uploaded to the diocese's Facebook page: <https://www.facebook.com/WollongongCatholic>

**BEFORE & AFTER SCHOOL CARE** Camp Australia have very successfully provided before (6.30am - 8.30am) and after school care (2.45pm - 6pm) to children for many years in the St. Anne Primary School Hall. **They now also offer full-time vacation care.** This service is open to all children regardless of where they attend school. For further information go to [www.campaustalia.com.au](http://www.campaustalia.com.au) or ring 1300 105 343 or go to the parish school website and click parent link [www.olhcdow.catholic.edu.au](http://www.olhcdow.catholic.edu.au). Brochures are also available at the Notice Board.

**KINDERGARTEN ENROLMENT 2025** Applications for Kinder 2025 can now be located on our school website at: <https://olhcdow.catholic.edu.au/enrol/> Children need to turn five (5) by July of the year that they will commence school.

**IGNITE CONFERENCE 2024 Sydney, 26-29 September 2024 Sydney.** A gathering of Catholics for four days of real-world formation, renewal of faith, great people and powerful worship. Join with young people from our Diocese and over 2000 high schoolers, young adults, leaders, teachers, priests and religious taking part in a life changing encounter with God and His Church. The Diocese of Wollongong is looking to take a group 30 young people to the conference at a subsidised cost. If you would like to join us, know someone who would, or would like to sponsor someone to attend, please contact Arnie Hurdoyal, Diocesan Youth Ministry Leader, [Arnie.hurdoyal@dow.org.au](mailto:Arnie.hurdoyal@dow.org.au) or 0431 611 128.

**UNIVERSITY OF NOTRE DAME AUSTRALIA** Open Day Saturday, 31 August 10am-3pm. Join us to discover what Notre Dame has to offer! Explore Sydney Campus, meet students, academic staff and graduates. Contact: [sydney@nd.edu.au](mailto:sydney@nd.edu.au) | 02 8204 4404 Register: [notredame.edu.au/openday](http://notredame.edu.au/openday)

**THE CHOSEN** Free to view TV series about Jesus, now in its third season, that beautifully and creatively presents the life of Christ and his followers. Go to: [watch.angelstudios.com/thechosen](http://watch.angelstudios.com/thechosen) or get the free app on your phone / laptop via *The Chosen app (download), or for your Smart TV.*

**FAITH CIRCLES** is a free weekly resource to help individuals but mainly small groups to come together in Parishes. It assists the development of faith and community, and is available for free to download. It is easy to use with simple questions and prayer points. Download at [www.dow.org.au/media-resources/faith-circles/](http://www.dow.org.au/media-resources/faith-circles/) or have it sent to you each month via email subscription.

**menALIVE** reFUEL is a weekly hour-long gathering of men every Tuesday evening at 7.30pm on Zoom providing the chance to catch up with great men from across Australia and New Zealand, gain strength and inspiration by the witness of other men and pray together. Join at: <https://us02web.zoom.us/j/88436558468>

**CATHOLIC FAMILY CAMPING WEEKEND** 13 - 15 September at Wooglemai Catholic Camping Facility, Oakdale Join with families of all ages and stages to celebrate the incredible gift of family life. Cost: \$30 per adult or \$70 per family (regardless of size). Camping & Bunk Room Options; pitch a tent, stay in a caravan, camper or swag. To register: <https://dow.sh/cfwsept24>

**FREE CATHOLIC PODCASTS** *Bible in a Year* with Fr. Mike Schmitz and Jeff Cavins. At: [www.ascensionpress.com/biy](http://www.ascensionpress.com/biy) *Catechism in a Year* at [www.ascensionpress.com/ciy](http://www.ascensionpress.com/ciy) Highly recommended.

Solitude can be very rewarding and full of blessing  
because in the silence of the inner being,  
one finds God.  
Fulton Sheen