

**SUNDAY READERS AND EXTRAORDINARY MINISTERS  
OUR LADY HELP OF CHRISTIANS CHURCH**

*4<sup>th</sup> Sunday of LENT*  
**10 March 2024**

	READERS		EXTRAORDINARY MINISTERS OF HOLY COMMUNION		PIETY STORE		AUDIO VISUAL	
DATE	2/3 Mar	9/10 Mar	2/3 Mar	9/10 Mar	2/3 Mar	9/10 Mar	2/3 Mar	9/10 Mar
VIGIL 6PM	F Bugeja K Duncan	M Baert D Baert	F Bugeja	D Pottier	M Matriano	J Webster	L Estrella	K Duncan
8.30AM	P Kenyon P Kenyon	S Magua A James	M Rolfe	S LoCascio	K Knight	C Vujanovic	D Knight	J Scattergood
10.00AM	F Rowe D Walles	M Matriano N Lee	E D’Mellow	A Espiritu	S Isaac & M David	M Smith	D Tamayor	B Peaker
CHOIR 10.00AM	Group 1	Group 2	READINGS					
			2/3 March 2024 Exodus 20: 1-17 1 Corinthians 1:22-25 Gospel: John 2:13-25			9/10 March 2024 2 Chronicles 36:14-16, 19-23 Ephesian 2:4-10 Gospel: John 3:14-21		
OUR LADY’S STATUE NO 1 STATUE NO 2								
FEAST DAYS THIS WEEK			DONATIONS PARISH ACCOUNT DETAILS					
			Parish (second Collection)			Clergy (first Collection)		
			BSB : 066 711			BSB : 066 711		
			Acc No: 002395			Acc No: 002026		
			Acc Name: Parish Church			Acc Name: Parish Presbytery		
			Reference: Family Name			Reference: Family Name		

**SUNDAY MASS TIMES  
OLHC ROSEMEADOW**

Sat. Vigil: 6.00pm  
Sunday: 8.30am  
Sunday: 10.00am

**VIETNAMESE MASS OLHC**

Saturday: 4.00pm

**WEEKDAY MASS TIMES  
OLHC ROSEMEADOW**

Tuesday: 6.30pm  
Wednesday: 9.00am  
Thursday: 9.00am  
Friday: 8.20am

**DEVOTIONS:**

*All in the Church*

**Last Tuesday:** Men's Rosary - 7pm  
**Every Wednesday:** Exposition of the Blessed Sacrament 8am – 8.55am before Mass.  
**1<sup>st</sup> Friday:** Exposition & Benediction of the Blessed Sacrament 11am – 12 noon;

**CONFESSIONS OLHC CHURCH**

Saturday: 5.15pm – 5.45pm

**MARRIAGES** by appointment

**BAPTISMS** (1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month) – by appointment

**SACRAMENTAL PROGRAMS** please visit parish website for dates & enrolment forms in Sacraments Tab

**ST VINCENT DE PAUL CONFERENCE** Tuesdays & Thursdays from 9.30am - 12.30pm at the Food Hub (Ambarvale Squash Courts), 65 Woodhouse Drive Ambarvale.

Bulletin 3 March 2024

**THIRD SUNDAY OF LENT**  
**Year B**

# Our Lady Help of Christians Parish Rosemeadow

**Father Christopher G. Sarkis, Parish Priest**

**Presbytery**  
80 Demetrius Road  
Rosemeadow NSW 2560

**Postal Address**  
PO Box 3010  
Rosemeadow NSW 2560

**Contact**  
Phone: 4628 1385  
Fax: 4625 7213

**Office Hours**

**Parish Office Manager Mrs. Meshline Wolczak**  
Tuesday – Thursday 9.00am - 4.00pm (closed 1.00 – 1.30pm)  
Friday – 9.00am – 2.30pm

**Email: [rosemeadow@dow.org.au](mailto:rosemeadow@dow.org.au)**

**Website: [www.olhcrosemeadow.org.au](http://www.olhcrosemeadow.org.au)**

**Parish APP**

 <https://apps.apple.com/us/app/olhc-rosemeadowparish/id1582260739?platform=iphone>

 <https://play.google.com/store/apps/details?id=app.church>

**OLHC Parish Primary School:**

**Principal: Mrs Jane Webb** Phone: 4626 5655 email: [info@olhcdow.catholic.edu.au](mailto:info@olhcdow.catholic.edu.au)

**John Therry Catholic College:**

**Principal: Mr Brad McAllister** Phone: 4645 8100 email: [info@jtccdw.catholic.edu.au](mailto:info@jtccdw.catholic.edu.au)

**PARISH VISION STATEMENT**

Our Lady Help of Christians Parish will strive to be a Christ-centred community, led by the Holy Spirit to bear witness to the Gospel message, nourished and strengthened by the Eucharist and the Sacraments. Following the model of Mary our Mother, our parish will be a place of welcome and mutual encouragement to all who seek to love God and their neighbour, and to manifest this love in their daily lives. In this way we will build up the Kingdom of God in our local community.

**PRAYER TO ST. MICHAEL, THE ARCHANGEL**

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

**ENTRANCE** My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

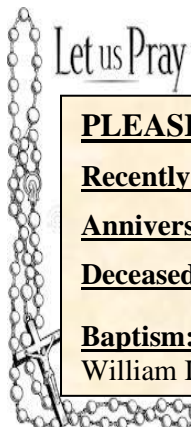
**RESPONSE** Lord, you have the words of everlasting life.

**GOSPEL ACCLAMATION** Praise to you, Lord Jesus Christ, king of endless glory!  
God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life. Praise to you, Lord Jesus Christ, king of endless glory!

**COMMUNION** The sparrow finds a home and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise

**CATHOLIC WEEKLY THIS WEEK**  
available in the foyer





Let us Pray

**PLEASE PRAY FOR:**

**Recently Deceased:** Graeme Russell; Nicodemus Tamras Daniel;

**Anniversary:** Reynaldo Monteclar;

**Deceased:** Oreste & Gaetana Meli; Holy Souls;

**Baptism:** Theodore-Archer James Fitzpatrick; Georgia Grace Takacs; Isla-Rose Filomena Di Cello;  
William Ihechukuwu Obi; Amelia Rose Giannetti; Isabelle Violet Giannetti;

**HAVE YOU CONSIDERED PRIESTHOOD** “We proclaim Christ, Crucified!” (1 Cor 1:23) In the Crucifixion, we find strength. In the Cross is our triumph. Rest in His mercy that you might proclaim Him in all that you say and do. If you want to talk about your vocation, please contact the diocesan vocations director, Fr Duane Fernandez at [vocations@dow.org.au](mailto:vocations@dow.org.au). If you want to talk about your discernment, please contact the diocesan vocations director, Fr Duane Fernandez at [vocations@dow.org.au](mailto:vocations@dow.org.au).

**LIVESTREAM MASS** Tuesday 6.30 pm weekday Mass. Access it from the Parish Website or Parish App or the Parish YouTube channel at: [https://www.youtube.com/channel/UCIQhkeubtYCBu\\_elfcglmaw](https://www.youtube.com/channel/UCIQhkeubtYCBu_elfcglmaw)

**LENTEN DEVOTIONS** Each Tuesday during Lent following Mass at 6.30 pm, the Rosary will be prayed at 7pm and the Stations of the Cross at 7.30pm.

**HOLY WEEK MINISTERS** Thank you to those who put their names down for the ministries at the Holy Week Ceremonies. We still require the following: a male Reader for the gospel and extraordinary minister of Holy Communion for Good Friday. If you can help, please put your name in the space on the roster at the Notice Board. Thank you.

**CHURCH ANNIVERSARY THIS FRIDAY 8<sup>th</sup> MARCH** is the **5<sup>th</sup>** anniversary of the consecration of the church. I shall celebrate the Mass of consecration for the “Anniversary of a church building” at the usual 8.20am Mass.

**OLHC 2024 WELCOME MASS** will be held next Saturday **9<sup>th</sup> March at the Vigil Mass**. We welcome new students, new Kindergarten and new families to our parish and school community. Year 5 students will be presented with their buddy badges followed by a BBQ.

**PASCHAL PRECEPT** Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday (11 February) and Trinity Sunday (26 May) unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

**PARISH PASTORAL COUNCIL** Following our Parish Retreat Evenings held last year, and after discussion with the current PPC, we will be moving forward by using the Bishop’s document, “*Come and See, Go and Make*” as a guide for our future direction. To commence this process, I am inviting any interested parishioners to attend a series of six (6) sessions that will work through this document. At the conclusion of these evenings, I will appoint a new PPC from among those attending. The sessions will be held on **Fridays: 15 & 22 March; 5, 12, 19 & 26 April, from 7.30 – 8.30pm in the Parish Meeting Room** adjacent to the parish office. Please ring the Parish Office if attending so we have an idea of numbers please.

**OLHC YOUTH & YOUNG ADULT CHOIR** St Augustine said “*to sing is to pray twice*”. Dear youth/ young adults, you are warmly invited to join the new Youth Choir at OLHC Parish. Come and share your talents, whether it be an instrument or your voice, a beginner or a seasoned musician, all are welcome. Together, led by a great team, let’s raise our community in praise and worship. For any questions or to register please contact Chris or Candice on +61 431 861 472. We look forward to hearing from you,



**CUPPA AFTER MASS**. Take the opportunity to meet fellow parishioners over a cup of tea or coffee and a biscuit after the 10am Mass all are welcome. We are also looking for more volunteers so please contact Ryan on 0412 939 705 if you are interested (would be no more than one morning per month). Thank you.

**BELL RINGERS** Calling all potential Bellringers! We need more people to join our team of Bellringers. Age is no barrier- young or mature! Practise is on Monday at 4pm in the rear Belltower Room. See Notice Board for more details or ring Brian on 0402 377 131



*“You shall not covet” is perhaps a difficult commandment to keep in our consumer-oriented society. But as Christian stewards, we know that we are the recipients and caretakers of God’s many gifts. May this understanding that all is gift help us to be less resentful of the gifts of others.*

**A NEW VISION FOR PARISHES** Bishop Mascord has asked that all Parishes in the Diocese of Wollongong distribute copies amongst the faithful this weekend - *the Feast of Christ the King* - of, *Come and See Go and Make* - A vision for Parishes in the Diocese of Wollongong. **Copies are available at the Notice Board.**

**YOUNG ADULT EVENT** Saturday 23 March from 5pm, at St Mary's Towers Douglas Park. Connect with fellow young adults for prayer and a catechesis on Holy Thursday and Good Friday. The night concludes with an outdoor screening of 'The Passion of the Christ' by Mel Gibson. BYO dinner and snacks, picnic blanket or chair. Free event! Register at: <https://www.trybooking.com/CPNVW> ***Please Note: This is for over 18's only***

**BEFORE AND AFTER SCHOOL CARE** Camp Australia have very successfully provided before (6.30am – 8.30am) and after school care (2.45pm – 6pm) to children for many years in the St. Anne Primary School Hall. **They now also offer full-time vacation care.** This service is open to all children regardless of where they attend school. For further information go to [www.campaustalia.com.au](http://www.campaustalia.com.au) or ring 1300 105 343 or go to the parish school website and click parent link [www.olhcdow.catholic.edu.au](http://www.olhcdow.catholic.edu.au). Brochures are also available at the Notice Board.

**COMMUNITY SUPPORT WORKERS** CatholicCare is seeking Community Support Workers. It will give you a career that you love, whilst providing a valuable connection to people living with a disability or the aged in our Diocese. Information at: [catholiccare.dow.org.au/get-involved/careers/](http://catholiccare.dow.org.au/get-involved/careers/) or call 4227 1122.

**ST JOSEPH MOTOR PILGRIMAGE 15 -17 March 2024.** Have you saved the Date yet for this unique, men only, Spiritual Encounter venerating St Joseph for his great example of Fatherhood and a Virtuous life. Come for part or the full pilgrimage, it’s your choice. 3 days of cars, bikes, men’s gatherings, prayer, worship, Mass, keynote speakers, discussions and fellowship across the (Arch) Diocese of Bathurst/Orange, Canberra/Goulburn and Sydney! Supported by Parousia Media, MenAlive and Maximus Men’s Ministry Network. Once registered you will receive updated information and be added to the Zoom pre-drive/ride briefing. Also, if you have been involved in organising something like this in the past and would like to help, please let us know by direct message. Register at: <https://www.trybooking.com/events/landing/1110723>

**RESTORE PALLIATIVE CARE FUNDING** In the last State budget, \$150 million was slashed from palliative care, contradicting guarantees made at the time of the passing of new laws for Euthanasia. No one should be pushed into euthanasia because of funding issues. We need to urgently stand up for the sanctity of human life by objecting to these cuts. Please sign this petition and invite friends and family to do the same <https://bit.ly/restorethefunding>

**CATHOLIC FAMILY CAMPING WEEKEND** | Fri 15 – Sun 17 March, Guntawang-Wooglemai Catholic Camping Facility, Oakdale. For families of every age, couples with or without children, single parents with their children, grandparents. Cost: \$30 per adult or \$70 per family. RSVP: Mon 8 March. Enquiries: Jude Hennessy (02 4222 2407 / [jude.hennessy@dow.org.au](mailto:jude.hennessy@dow.org.au) or [Info - CCFCWeekend](#)

**THE CHOSEN** Free to view TV series about Jesus, now in its third season, that beautifully and creatively presents the life of Christ and his followers. Go to: [watch.angelstudios.com/thechosen](http://watch.angelstudios.com/thechosen) or get the free app on your phone / laptop via *The Chosen* app (download), or for your Smart TV.

**FAITH CIRCLES** is a free weekly resource to help individuals but mainly small groups to come together in Parishes. It assists the development of faith and community, and is available for free to download. It is easy to use with simple questions and prayer points. Download at [www.dow.org.au/media-resources/faith-circles/](http://www.dow.org.au/media-resources/faith-circles/) or have it sent to you each month via email subscription.

**menALIVE** reFUEL is a weekly hour-long gathering of men every Tuesday evening at 7.30pm on Zoom providing the chance to catch up with great men from across Australia and New Zealand, gain strength and inspiration by the witness of other men and pray together. Join at: <https://us02web.zoom.us/j/88436558468>.

**FREE CATHOLIC PODCASTS** *Bible in a Year* with Fr. Mike Schmitz and Jeff Cavins. At: [www.ascensionpress.com/biy](http://www.ascensionpress.com/biy) *Catechism in a Year* at [www.ascensionpress.com/ciy](http://www.ascensionpress.com/ciy) Highly recommended.

**PROJECT COMPASSION** The Project Compassion Appeal begins Ash Wednesday, 14<sup>th</sup> February, Boxes, as well as envelopes for those who prefer these, are available in the foyer of the church. Please take one home and place it where it can be seen as a reminder of the corporal work of mercy to “*feed the hungry*”. Thank you.

**AUDIO-VISUAL ROSTER** We need more volunteers to operate the audio-visual display for all Masses. If you can help please contact the Parish Office. Thank you.

“Solitude can be very rewarding and full of blessing,  
because in the silence of the inner being, one finds God.”

Archbishop Fulton Sheen