

**SUNDAY READERS AND EXTRAORDINARY MINISTERS  
OUR LADY HELP OF CHRISTIANS CHURCH**

*1<sup>st</sup> Sunday of LENT*  
**18 February 2024**

	READERS		EXTRAORDINARY MINISTERS OF HOLY COMMUNION		PIETY STORE		AUDIO VISUAL	
DATE	10/11 Feb	17/18 Feb	10/11 Feb	17/18 Feb	10/11 Feb	17/18 Feb	10/11 Feb	17/18 Feb
VIGIL 6PM	G Bingham L Estrella	L Fenech D Pottier	K Duncan	Volunteer Needed	A Rojo	M Mourin	Robbie B.V	T Kurisunkal
8.30AM	V Smith J Smith	S Josph M Chan	M Rolfe	S Lo Cascio	J Smith	C Vujanovic	D Knight	J Scattergood
10.00AM	V Gabrio V Gabrio	A Jachimczak D Tamayor	T Kurisunkal	Volunteer Needed	M Smith	D Peaker	D Tamayor	B Peaker
CHOIR 10.00AM	LATIN	Group 1	READINGS					
			10/11 February 2024			17/18 February 2024		
			Leviticus 13:1-2, 44-46			Genesis 9:8-15		
			1 Corinthians 10:31-11:1			1 Peter 3:18-22		
OUR LADY’S STATUE NO 1 STATUE NO 2			Gospel: Mark 1:40-45			Gospel: Mark 1:12-15		
FEAST DAYS THIS WEEK					DONATIONS			
Wednesday - ASH WEDNESDAY					PARISH ACCOUNT DETAILS			
					Parish (second Collection)		Clergy (first Collection)	
					BSB : 066 711		BSB : 066 711	
					Acc No: 002395		Acc No: 002026	
					Acc Name: Parish Church		Acc Name: Parish Presbytery	
					Reference: Family Name		Reference: Family Name	

**SUNDAY MASS TIMES  
OLHC ROSEMEADOW**

Sat. Vigil: 6.00pm  
Sunday: 8.30am  
Sunday: 10.00am

**VIETNAMESE MASS OLHC**  
Saturday: 4.00pm

**WEEKDAY MASS TIMES  
OLHC ROSEMEADOW**

Tuesday: 6.30pm  
Wednesday: 9.00am  
Thursday: 9.00am  
Friday: 8.20am

**DEVOTIONS:**  
*All in the Church*

**Last Tuesday:** Men's Rosary - 7pm  
**Every Wednesday:** Exposition of the Blessed Sacrament 8am – 8.55am before Mass.  
**1<sup>st</sup> Friday:** Exposition & Benediction of the Blessed Sacrament 11am – 12 noon;

**CONFESSIONS OLHC CHURCH**  
Saturday: 5.15pm – 5.45pm

**MARRIAGES** by appointment

**BAPTISMS** (1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month) – by appointment

**SACRAMENTAL PROGRAMS** please visit parish website for dates & enrolment forms in Sacraments Tab

**ST VINCENT DE PAUL CONFERENCE** Tuesdays & Thursdays from 9.30am - 12.30pm at the Food Hub (Ambarvale Squash Courts), 65 Woodhouse Drive Ambarvale.

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*Sixth Sunday in Ordinary Time*  
**Year B**

# *Our Lady Help of Christians Parish Rosemeadow*

**Father Christopher G. Sarkis, Parish Priest**

**Presbytery**  
80 Demetrius Road  
Rosemeadow NSW 2560

**Postal Address**  
PO Box 3010  
Rosemeadow NSW 2560

**Contact**  
Phone: 4628 1385  
Fax: 4625 7213

**Office Hours**

**Parish Office Manager Mrs. Meshline Wolczak**  
**Tuesday – Thursday 9.00am - 4.00pm (closed 1.00 – 1.30pm)**  
**Friday – 9.00am – 2.30pm**

**Email: [rosemeadow@dow.org.au](mailto:rosemeadow@dow.org.au)**

**Website: [www.olhcrosemeadow.org.au](http://www.olhcrosemeadow.org.au)**

**Parish APP**

 <https://apps.apple.com/us/app/olhc-rosemeadowparish/id1582260739#?platform=iphone>

 <https://play.google.com/store/apps/details?id=app.church>

**OLHC Parish Primary School:**

**Principal: Mrs Jane Webb** Phone: 4626 5655 email: [info@olhcdow.catholic.edu.au](mailto:info@olhcdow.catholic.edu.au)

**John Therry Catholic College:**

**Principal: Mr Brad McAllister** Phone: 4645 8100 email: [info@jtccdw.catholic.edu.au](mailto:info@jtccdw.catholic.edu.au)

**PARISH VISION STATEMENT**

Our Lady Help of Christians Parish will strive to be a Christ-centred community, led by the Holy Spirit to bear witness to the Gospel message, nourished and strengthened by the Eucharist and the Sacraments. Following the model of Mary our Mother, our parish will be a place of welcome and mutual encouragement to all who seek to love God and their neighbour, and to manifest this love in their daily lives. In this way we will build up the Kingdom of God in our local community.

**PRAYER TO ST. MICHAEL, THE ARCHANGEL**

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

**ENTRANCE** Be my protector, O God, amighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

**RESPONSE** I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

**GOSPEL ACCLAMATION** Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

**COMMUNION** They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

**CATHOLIC WEEKLY THIS WEEK**  
available in the foyer

**PLEASE PRAY FOR:**

**Anniversary:** Sarah Russell; Janice Buchanan;

**Deceased:** Kosema Family;

**HAVE YOU CONSIDERED PRIESTHOOD** Today’s Gospel says that: “Jesus was moved with pity when He saw a leper”. Are you moved with love or pity when you see the outcast of today’s society? Who will come forward to minister Christ today? If you want to talk about your discernment, please contact the diocesan vocations director, Fr Duane Fernandez at [vocations@dow.org.au](mailto:vocations@dow.org.au)

**LIVESTREAM MASS** Tuesday 6.30 pm weekday Mass. Access it from the Parish Website or Parish App or the Parish YouTube channel at: [https://www.youtube.com/channel/UCIQhkeubtYCBu\\_elfcglmaw](https://www.youtube.com/channel/UCIQhkeubtYCBu_elfcglmaw)

**WEDDINGS:** - Paul Di Blasio & Alicia Turney. *Congratulations and God's blessings upon you.*

**GREGORIAN SCHOLA** We welcome and thank you to the Latin Schola who will singing at the 10am Mass today.

**ASH WEDNESDAY** This coming Wednesday, 14 February, is Ash Wednesday. Masses at which the ashes will be blessed and distributed will be celebrated at **9am, 10.30am** (Primary School children will be attending this Mass), and **7.00pm**.

**PLEASE NOTE:** Weekday Masses will resume as normal this week. Thank you for your understanding the last couple of weeks. Fr. Sarkis

**LENTEN PENANCE** On Ash Wednesday and Good Friday all who have completed their 18th year and have not yet begun their 60th year are bound to ***fast and abstinence***. All who have completed their 14th year are bound to ***abstain from meat***. Pastors, teachers, parents are to ensure that even those who, by reason of their age, are not bound by the law of fasting and abstinence from meat, are taught the true meaning of penance.

**PASCHAL PRECEPT** Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday (11 February) and Trinity Sunday (26 May) unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.


**LENTEN REFLECTION BOOK** Once again our Diocese has produced this wonderful reflection booklet this year “**PIETA.**” and contain reflections for 8 weeks from the Ash Wednesday through to Easter Sunday. I highly recommend them as a wonderful way to guide our prayerful daily reflections as we prepare for the Paschal Mystery of Our Lord’s Death and Resurrection. They are **\$5 each NOW AVAILABLE IN CHURCH FOYER via honest system, please place money in box and take a copy & also available in PIETY STORE.**

**PROJECT COMPASSION** The Project Compassion Appeal begins Ash Wednesday, 14<sup>th</sup> February, Boxes, as well as envelopes for those who prefer these, are available in the foyer of the church. Please take one home and place it where it can be seen as a reminder of the corporal work of mercy to “*feed the hungry*”. Thank you.

**EASTER LITURGY MEETING** There will be a liturgy meeting to organize the liturgies for Holy Week and Easter on **NEXT THURSDAY 15<sup>TH</sup> FEBRUARY AT 8 PM** in the parish office. It is essential that a representative from each choir group is present please. Thank you.

**NEW ALTAR SERVERS** Training for new Altar Servers will commence in February. Training sessions will be each Friday from 4 to 5pm in the Church, commencing on Friday 16<sup>th</sup> February and continue for eight weeks. Those who wish to train must have made their First Holy Communion and be regular Mass attenders. A parent or guardian will need to be present at the first session to complete information details. Please ring the parish office with your name and phone number if you wish to undertake Altar Servers training.

**FREE CATHOLIC PODCASTS** *Bible in a Year* with Fr. Mike Schmitz and Jeff Cavins. At: [www.ascensionpress.com/biy](http://www.ascensionpress.com/biy) *Catechism in a Year* at [www.ascensionpress.com/ciy](http://www.ascensionpress.com/ciy) Highly recommended.

 **CUPPA AFTER MASS.** Take the opportunity to meet fellow parishioners over a cup of tea or coffee and a biscuit after the 10am Mass. All are welcome.



In today’s second Reading, St. Paul urges the Corinthians to  
**“do all for the glory of God.”**  
 If we follow that advice in everything we do, we cannot help but be good stewards.



**SACRAMENT OF FIRST RECONCILIATION (CONFESSION) 2024** This Sacrament will be celebrated on **Thursday 21<sup>st</sup> March 2024 from 4.15pm**. It is available to all children who are in Year 3 or above and have been baptised. If you wish your child to make this Sacrament with the option of receiving their First Holy Communion later in the year, you **MUST** attend the first lesson for this programme on ***next Saturday 17<sup>th</sup> February, 2024 commencing at 4.15pm. Please bring a photocopy of your child’s full birth certificate, and if they were not baptised in Rosemeadow Parish, a copy of their baptism certificate.*** Children will participate in lessons in the St. Joachim Parish Hall. Parents will participate in talks in the Parish Meeting Room. This is the last opportunity for you to enrol for 2024. The programme fee of \$25 is also payable at the first lesson. **NOTE:** If you are enrolling at the first lesson, please arrive at **3.45pm to the Parish Hall before the lesson** to complete the paperwork.

**A NEW VISION FOR PARISHES** Bishop Mascord has asked that all Parishes in the Diocese of Wollongong distribute copies amongst the faithful this weekend - *the Feast of Christ the King* - of, *Come and See Go and Make* - A vision for Parishes in the Diocese of Wollongong. **Copies are available at the Notice Board.**

**CCD LEVEL 1 CATECHIST COURSE** Level 1 course is mandatory for all new SRE Catechists (Teachers and Helpers).course will run 9:30am - 1:30pm for 5 weeks on Fridays in Campbelltown and on Mondays in Wollongong:Campbelltown: Fridays 9 th , 16 th , 23 rd February and 1 st and 8 th March at the Campbelltown Catholic Club (20/22 Camden Rd, Campbelltown) Wollongong: Mondays 12 th , 19 th , 26 th February and 4 th , and 11 th March at the Xavier Centre Conference Room (38 Harbour Street, Wollongong). To register click here [RSVP: CCD 2024 Level 1 Course](#)

**POSTION VACANT DIOCESAN YOUTH MINISTRY LEADER** – Catholic Diocese of Wollongong. Suitably experienced and qualified persons are encouraged to apply for the role of Youth Ministry Leader in the Diocese of Wollongong. Applications close on Thursday, 29 February 2024. For more information and a detailed role description, please go to: [dow.org.au/position-vacant-diocesan-youth-ministry-leader/](http://dow.org.au/position-vacant-diocesan-youth-ministry-leader/) or for enquiries contact [helen.bennett@dow.org.au](mailto:helen.bennett@dow.org.au)

**BEFORE AND AFTER SCHOOL CARE** Camp Australia have very successfully provided before (6.30am – 8.30am) and after school care (2.45pm – 6pm) to children for many years in the St. Anne Primary School Hall. **They now also offer full-time vacation care.** This service is open to all children regardless of where they attend school. For further information go to [www.campastralia.com.au](http://www.campastralia.com.au) or ring 1300 105 343 or go to the parish school website and click parent link [www.olhcdow.catholic.edu.au](http://www.olhcdow.catholic.edu.au). Brochures are also available at the Notice Board.

**COMMUNITY SUPPORT WORKERS** CatholicCare is seeking Community Support Workers. It will give you a career that you love, whilst providing a valuable connection to people living with a disability or the aged in our Diocese. Information at: [catholiccare.dow.org.au/get-involved/careers/](http://catholiccare.dow.org.au/get-involved/careers/) or call 4227 1122.

**ST JOSEPH MOTOR PILGRIMAGE 15 -17 March 2024.** Have you saved the Date yet for this unique, men only, Spiritual Encounter venerating St Joseph for his great example of Fatherhood and a Virtuous life. Come for part or the full pilgrimage, it’s your choice. 3 days of cars, bikes, men’s gatherings, prayer, worship, Mass, keynote speakers, discussions and fellowship across the (Arch) Diocese of Bathurst/Orange, Canberra/Goulburn and Sydney! Supported by Parousia Media, MenAlive and Maximus Men’s Ministry Network. Once registered you will receive updated information and be added to the Zoom pre-drive/ride briefing. Also, if you have been involved in organising something like this in the past and would like to help, please let us know by direct message. Register at: <https://www.trybooking.com/events/landing/1110723>

**THE CHOSEN** Free to view TV series about Jesus, now in its third season, that beautifully and creatively presents the life of Christ and his followers. Go to: [watch.angelstudios.com/thechosen](http://watch.angelstudios.com/thechosen) or get the free app on your phone / laptop via *The Chosen app (download), or for your Smart TV.*

**FAITH CIRCLES** is a free weekly resource to help individuals but mainly small groups to come together in Parishes. It assists the development of faith and community, and is available for free to download. It is easy to use with simple questions and prayer points. Download at [www.dow.org.au/media-resources/faith-circles/](http://www.dow.org.au/media-resources/faith-circles/) or have it sent to you each month via email subscription.

**menALIVE** reFUEL is a weekly hour-long gathering of men every Tuesday evening at 7.30pm on Zoom providing the chance to catch up with great men from across Australia and New Zealand, gain strength and inspiration by the witness of other men and pray together. Join at: <https://us02web.zoom.us/j/88436558468>.

**AUDIO-VISUAL ROSTER** We need more volunteers to operate the audio-visual display for all Masses. If you can help please caontact the Parish Office.Thank you.

*“There go I, but for the grace of God.” -*

- St. Philip Neri