

**SUNDAY READERS AND EXTRAORDINARY MINISTERS
OUR LADY HELP OF CHRISTIANS CHURCH**

1st Sunday of Lent
9 March 2025

	READERS		EXTRAORDINARY MINISTERS OF HOLY COMMUNION		PIETY STORE		AUDIO VISUAL	
DATE	1/2 March	8/9 March	1/2 March	8/9 March	1/2 March	8/9 March	1/2 March	8/9 March
VIGIL 6PM	L Fenech D Pottier	J Webster A Pottage	D Pottier	J Webster	J Webster	A Rojo	R D’Cunha	K Duncan
8.30AM	S Joseph M Chan	G Harmour B Buchanan	Z Robinson	G Harmour	K Knight	J Smith	J Scattergood	A Augustine
10.00AM	A Jachimczak D Tamayor	M David S Isaac	A Jachmiczak	W Monsalve	D Tamayor	S Isaac M David	N Lee	D Tamayor
CHOIR 10.00AM	Group 1	Group 2	READINGS 1/2 March 2025 1 Sirach 27:4-7 1 Corinthians 1554-58 Gospel: Luke 6:39-45 8/9 March 2025 Deuteronomy 26:4-10 Romans 10:8-13 Gospel: Luke 4:1-13					
Young Adult CHOIR VIGIL								
OUR LADY’S STATUE NO 1								
STATUE NO 2								
FEAST DAYS THIS WEEK			DONATIONS					
Wednesday - Ash Wednesday			PARISH ACCOUNT DETAILS					
			Parish (second Collection)			Clergy (first Collection)		
			BSB :		066 711	BSB :		066 711
			Acc No:		002395	Acc No:		002026
			Acc Name:		Parish Church	Acc Name:		Parish Presbytery
			Reference:		Family Name	Reference:		Family Name

**SUNDAY MASS TIMES
OLHC ROSEMEADOW**

Sat. Vigil: 6.00pm
Sunday: 8.30am
Sunday: 10.00am

VIETNAMESE MASS OLHC

Saturday: 4.00pm

**WEEKDAY MASS TIMES
OLHC ROSEMEADOW**

Tuesday: 6.30pm
Wednesday: 9.00am
Thursday: 9.00am
Friday: 8.20am

DEVOTIONS:

All in the Church

Last Tuesday: Men's Rosary - 7pm
Every Wednesday: Exposition of the Blessed Sacrament 8am – 8.55am before Mass.
1st Friday: Exposition & Benediction of the Blessed Sacrament 11am – 12 noon;

CONFESSIONS OLHC CHURCH

Saturday: 5.15pm – 5.45pm

MARRIAGES by appointment

BAPTISMS (1st and 3rd Sunday of the month) – by appointment



SACRAMENTAL PROGRAMS please visit parish website for dates & enrolment forms in Sacraments Tab or click on QR code for Face Book page “Rosemeadow Parish”

ST VINCENT DE PAUL CONFERENCE Tuesdays & Thursdays from 9.30am - 12.30pm at the Food Hub Ambarvale Squash Courts), 65 Woodhouse Drive Ambarvale.

Bulletin 2 March 2025

**EIGHTH SUNDAY IN ORDINARY TIME
Year C**

Our Lady Help of Christians Parish Rosemeadow

Father Christopher G. Sarkis, Parish Priest

Presbytery
80 Demetrius Road
Rosemeadow NSW 2560

Postal Address
PO Box 3010
Rosemeadow NSW 2560

Contact
Phone: 4628 1385
Fax: 4625 7213

Office Hours

Parish Office Manager Mrs. Meshline Wolczak
Tuesday – Thursday 9.00am - 4.00pm (closed 1.00 – 1.30pm)
Friday – 9.00am – 2.30pm

Email: rosemeadow@dow.org.au

Website: www.olhcrosemeadow.org.au

Parish APP



<https://apps.apple.com/us/app/olhc-rosemeadowparish/id1582260739#?platform=iphone>



<https://play.google.com/store/apps/details?id=app.church>

OLHC Parish Primary School:

Principal: Mrs Jane Webb Phone: 4626 5655 email: info@olhcdow.catholic.edu.au

John Therry Catholic College:

Principal: Mr Brad McAllister Phone: 4645 8100 email: info@jtccdw.catholic.edu.au

PARISH VISION STATEMENT

Our Lady Help of Christians Parish will strive to be a Christ-centred community, led by the Holy Spirit to bear witness to the Gospel message, nourished and strengthened by the Eucharist and the Sacraments. Following the model of Mary our Mother, our parish will be a place of welcome and mutual encouragement to all who seek to love God and their neighbour, and to manifest this love in their daily lives. In this way we will build up the Kingdom of God in our local community.

PRAYER TO ST. MICHAEL, THE ARCHANGEL

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

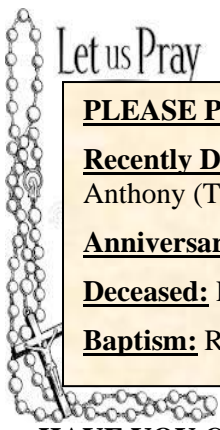
ENTRANCE The Lord became my protector. He brought me out to a place of freedom; he saved me because he delighted in me.

RESPONSE Lord, it is good to give thanks to you.

GOSPEL ACCLAMATION Alleluia, alleluia! Shine on the world like bright stars; you are offering it the word of life. Alleluia!

COMMUNION I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High.

CATHOLIC WEEKLY THIS WEEK
available in the foyer



Let us Pray

PLEASE PRAY FOR:

Recently Deceased: France Zamudio; Segundino V. Cabrera; Mary Therese Wells; Jonathon Burke; Anthony (Tony) D’Emanuel;

Anniversary: Nicodemus Tamras Daniel; Janice Buchanan; Terry Kiley;

Deceased: Ruslan Pandapotan; Oreste & Gaetana Meli;

Baptism: Ricki Clementine Karpierz;

HAVE YOU CONSIDERED PRIESTHOOD? Jesus leads where we need to go. Do not close your eyes, your ears or your heart to Jesus’ plan for your life. (Luke 6:39-45). If you want to talk about your vocation, please contact the diocesan vocations director, Fr Duane Fernandez vocations@dow.org.au

LIVESTREAM MASS Tuesday 6.30 pm weekday Mass. Access it from the Parish Website or Parish App or the Parish YouTube channel at: https://www.youtube.com/channel/UCIQhkeubtYCBu_elfcglmaw

HOLY COMMUNION Please remember that when receiving Holy Communion, you must consume the Sacred Host immediately while facing the Altar, and NOT while walking way or returning to your seat. Thank you.

FIRST FRIDAY There will be Exposition and Benediction of the Blessed Sacrament this coming First Friday 7th March from 11am to 12 noon.

PLEASE NOTE Due to Ash Wednesday, there will **NOT** be Exposition before morning Mass this week.

ASH WEDNESDAY This week we begin Lent with Ash Wednesday 5th March. Masses in the parish at which blessed ashes will be distributed will be at **9am, 10.30am** (primary school present) and **7.00pm**.

LENTEN PENANCE On Ash Wednesday and Good Friday all who have completed their 18th year and have not yet begun their 60th year are bound to **fast**. All who have completed their 14th year are bound to abstain from meat. Pastors, teachers, parents are to ensure that even those who, by reason of their age, are not bound by the law of fasting and abstinence from meat, are taught the true meaning of penance. On all other Fridays of the year, including Lent, the law of the common practice of penance is fulfilled by performing any spiritual act such as prayer, self-denial, or charity.

PASCHAL PRECEPT Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday (5 March) and Trinity Sunday (15 June) unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

OLD PALMS Please return old palms so they can be burnt for use on Ash Wednesday. Place in box in foyer.

PASTORAL LETTER Bishop Mascords Lenten Pastoral Letter is available at the Notice Board for you to take a copy.

LENTEN REFLECTION BOOK Once again our Diocese has produced this wonderful reflection booklet this year ‘Metanoia’. They are available at the church door. It is an honesty system so please place the money in the box provided. They are **\$6 each** and contain reflections for 8 weeks from the Ash Wednesday through to Easter Sunday. I highly recommend them as a wonderful way to guide our prayerful daily reflections as we prepare for the Paschal Mystery of Our Lord’s Death and Resurrection.

LENTEN REFLECTION GROUP Mrs Kristina Knight will be running a group to reflect on the Lenten Gospels based on the Diocesan *Metanoia* program with daily reflections. It will meet every Tuesday during Lent commencing Tuesday **4th March at 1pm** in the parish meeting room. *Metanoia* reflection books available from the Church Foyer or Piety Store.



All of today’s readings remind us that our works reflect what is in our hearts. Do my words and actions reveal a heart that is grateful for – and generous in sharing – the abundance God has poured into my life?

JUBILEE PILGRIM PASSPORT The Diocese has printed special Jubilee Pilgrim Passports for those who wish to visit the Jubilee Year Churches. They are available at the Notice Board. When you visit one of the Jubilee Churches (including our own) you may have your Pilgrim Passport stamped. For easy access, the stamp is at the Notice Board near the passports below. You can stamp them yourself when visiting the church.

ROSEMEADOW BIBLE STUDY - A Biblical Walk Through the Mass. The Mass is nothing short of amazing. Through it, we encounter God as we hear him in the Liturgy of the Word and as we receive him Body and Blood, Soul and Divinity in the Holy Eucharist. In this video-based study, we explore the roots of the words of the Mass and explains their profound significance. This fascinating tour of the Mass will renew your faith and deepen your love for and devotion to the Holy Eucharist. Join us in The Rosemeadow Parish meeting room (right side of the Parish Office) beginning Friday night 28th February 2025 from 7:30 pm to 9:00 pm and continuing every Friday night for 5 weeks. Cost is \$28:00 (for the paperback book) For more information or to register for the study, email Dudley Knight: dudleyk@inet.net.au

CURSILLO WEEKEND Ladies of the Wollongong Diocese are invited to a 3-day Cursillo weekend at Carmel House, Varroville. Talks, discussion, friendship, daily Mass and spiritual guidance on request. Commences Thursday evening 6th March and concludes Sunday afternoon 9th March, 2025. Further details contact Margaret French 0417 041721, see notice board for brochure or email: cursillo3dayweekend@hotmail.com

JESUS YOUTH AUSTRALIA (International Catholic Movement) is organising a free young youth program for teenagers in high school (years 7-12) for a spiritual and social gathering. This will commence on Friday 21st March from 7-8:30pm and will continue every 1st and 3rd Friday of the month here in our Parish (Martha Room). Deepen your connection with Christ and create meaningful friendships with praise and worship music/singing, bible study, activities, discussion and some dinner. Contact Joshana Jacob 0431650658 or Dilson 0470398578 for further details. Visit <https://jesusyouth.org/>

DISCERNMENT VOCATION RETREAT Missionaries of God’s Love Sisters. Friday 14 - Sunday 16 March. For single women aged 16-35 to listen for the voice of Jesus, ask questions and experience prayer, talks, sisterhood and sharing to help discern your vocation. Enquiries & Register, phone: 0402 602520 or mglsisters.sydney@gmail.com

CATHOLIC YOUTH & YOUNG ADULTS WOLLONGONG serves young people in Illawarra, Macarthur, Southern Highlands and Shoalhaven regions. To stay up to date and access the youth calendar go to: www.cymw.or.au

THE CHOSEN Free to view TV series about Jesus, now in its third season, that beautifully and creatively presents the life of Christ and his followers. Go to: watch.angelstudios.com/thechosen or get the free app on your phone / laptop via *The Chosen app (download), or for your Smart TV.*

FAITH CIRCLES is a free weekly resource to help individuals but mainly small groups to come together in Parishes. It assists the development of faith and community, and is available for free to download. It is easy to use with simple questions and prayer points. Download at www.dow.org.au/media-resources/faith-circles/ or have it sent to you each month via email subscription.

menALIVE reFUEL is a weekly hour-long gathering of men every Tuesday evening at 7.30pm on Zoom providing the chance to catch up with great men from across Australia and New Zealand, gain strength and inspiration by the witness of other men and pray together. Join at: <https://us02web.zoom.us/j/88436558468>

FREE CATHOLIC PODCASTS *Bible in a Year* with Fr. Mike Schmitz and Jeff Cavins. At: www.ascensionpress.com/biy *Catechism in a Year* at www.ascensionRress.com/ciy Highly recommended.

THE ONLY REAL MISTAKE YOU MAKE,
IS THE ONE YOU DO NOT LEARN FROM.